the mind trial

Because memories are worth fighting for

Are you between
AGES 65-84?

With a
FAMILY HISTORY OF ALZHEIMER'S?

And have a
BMI ≥ 25?

Seeking participants for a 3-year research study, designed to compare two weight loss diets and their effects on brain health and cognitive decline. Participants will be enrolled in a weight loss program that uses lifestyle and behavioral changes to help you lose weight and live healthier.

HARVARD T.H. CHAN SCHOOL OF PUBLIC HEALTH
Powerful ideas for a healthier world

MIND OFFICE
(617) 998-6333
mindstudy@hsph.harvard.edu

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